



Education

Argosy University, Washington DC (American School of Professional Psychology)
APA (American Psychological Association) Accredited program, Doctorate in Clinical Psychology (Psy.D), 1998-2006

University of Baltimore, Maryland
Master of Applied Psychology (MA), 1996-1998

Central Missouri State University, Warrensburg Missouri
Bachelor in Biology w/ Minor in Chemistry, 1989-1993

Employment

Heritage Institute, Virginia
Psychology instructor, Present
Teaching psychology to students who have finished their training and are getting ready for their internship.

Self Knowledge Base & Foundation, Virginia
Founder, Presenter, Researcher
Self Knowledge Base is a non-profit organization dedicated to public education about mental health, family system, parenting skills, and self growth. This organization provides workshops, seminars, books, and brochures, and trainings that help the public learn skills to enhance their life style and get educated about mental health issues. It also attempts to bring awareness about child abuse on a global scale. www.SelfKnowledgeBase.com

Memberships

American Psychological Association
Virginia Psychological Association
Applied Research and Science

Radio Interviews

The Judith Regan Show- XM Sirius Satellite Radio
You're Time with Kim Iverson

Published Articles

Metro New York

The Huffington Post

NPR Topics

A list of other can be given upon request

Presentations

Shiraz University

2009-Present

Workshops and seminars for the psychology and psychiatric students. In addition, doing presentations for the professors.

Self Knowledge Base & Foundation

2006- Present

Being the speaker of a number presentations related to psychology, self development, and mental health nationally and internationally

*A list of the subjects and content will be provided upon request.

Book Publications

1. **Rumi & Self Psychology (Psychology of Tranquility)**. Two astonishing perspectives for the art and science of self transformation: Rumi's Poetic language vs. Carl Jung's psychological Language.
2. **A Therapy Dialogue**. A session-by-session therapy dialogue with a client who went through the self-actualization and self-growth processes.
3. **There is one religion; The religion of KNOW THYSELF**. A modern viewpoint of spirituality and what it may mean from a self psychology perspective.
4. **Psyche and spirituality theories in psychology**. A concise comparison of a number of theorists like Carl Jung and Abraham Maslow's general concepts of the Self and the Psyche. This book attempts to find a common ground between Jung's general concepts of individuation, wholeness, spirituality, and religion and those of Maslow's self-actualization and homeostasis besides using other scholar's concepts to find a common ground between different theorists.

Post Doctorate Training

Omega Institute, New York

August 27-29

Medical sense

Heritage Ins., Virginia

August 22-25/2010

Preparation for professional instructors, preparing curriculum, structure and preparation for classroom teaching.

ARE, Virginia

July 18-20/2010

Greg Braden about world change.

Omega Institute, New York

July 25-30/2010

Global negotiation skills and leadership.

The STTAR Center, Inc, Maryland

January 2000 – March 2001

26 hours of training, attending regular monthly counselor meetings, providing emotional support for sexually abused clients followed by reporting.

Computer Skills

SPSS for Windows, Word for Windows, Window 2007, Vista

***References are available upon request.